



ALL WITH YOU COMPASSIONATE CITIES IN SPAIN AND LATIN AMERICA

New Health Foundation (NHF) is a non-profit organisation whose mission is to develop a new model of integrated health, social and community care by improving the effectiveness and efficiency of organisations and the well-being of people with advanced stage diseases, high dependency situations and at the end of life.

All with You[®] is a program founded in 2014 by **NEW HEALTH FOUNDATION** that promote the development and long-term success of compassionate communities and cities in Spain and Latin America, involving organisations and the general public in the design and execution of activities focused on raising awareness, training, research and implementation of care and support networks for people with advanced stage diseases or who are facing the end of life.

The main objective of the All with You[®] programme is for people who are living with advanced illness or facing end of life to be able to satisfy their primary needs through the social and health care provided by palliative and community care, together with their support networks. Within this programme a methodology has been created (All with You[®] M=method) to facilitate organisations to develop compassionate communities and cities, supported by a skilled team and tools. This methodology has resulted in locally-based coverage of the main civic sectors outlined in the Compassionate City Charter.

Inspired by the compassionate communities' movement the New Health Foundation began to identify countries, organisations and different models of implementation of compassionate communities and cities at the end of life, with the main objective being to develop a method that could be extended to organisations, communities, municipalities, cities or countries.

Link: <http://todoscontigo.newhealthfoundation.org/>

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Nine cities are now places where citizens have started to promote compassion related to the end of life. These nine cities (**below**) know the importance of the involvement of the community in the care and accompaniment of those who suffer from advance illnesses.



City Name: "Seville with you, Compassionate City" Spain

Population: 690,566 inhabitants

Brief: Seville, Spain, as the birthplace and home to the New Health Foundation, was selected to be the first Compassionate City that would demonstrate and shape the All with You[®] approach, in March 2015. The city benefits from nearly 40 partners, including the City Council that have signed a memorandum of understanding with New Health Foundation, making public its commitment with the project.

From March 2015 to December 2015, the city was mapped, identifying key agents and categorizing the types of existing organisations for the creation of partnerships for the development of activities in the city. Once the organisations were identified, meetings were established to create the network of resources involved in the project and to design awareness and training action plans in each of these centres that would help to extend the movement.

Implementation of the project began in 2017 in a first district of 60,000 inhabitants, which has managed to bring together professionals from the health, social and community sectors to create work commissions and comprehensively address the needs of these people with the help of the community and with the intervention of the *RedCuida* protocol.

Since the beginning of its development in the city, the various phases of the method have been created, which has made it possible to analyse the viability for implementation led by other cities.

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And also (film/video/facebook link):

Canal Youtube <https://www.youtube.com/channel/UCNWkGSabKhOfp9kzp0pQ9Gw/videos>

Facebook <https://www.facebook.com/Sevilla-Contigo-Ciudad-Compasiva-1432029976816940/>





City Name: "Getxo with You, Compassionate City" Spain

Population: 78,500

Brief:

Promoted by the "Doble Sonrisa" Foundation, development of its activities began in September of 2017, with the launch of the programme in the city by the city council, public administrations, private institutions and society as a whole. The first phase of the method's implementation will be based on the identification of key agents and the development of awareness and training activities in the city.

Contact Person and Email:

Contact: www.fundaciondoblesonrisa.com

Website:

Link: <http://www.newhealthfoundation.org/getxo-zurekin/>

And also (film/video/facebook link):

<https://www.facebook.com/Getxo-Zurekin-721207424737545/>

City Name: "Badajoz with you, Compassionate City" Spain

Population: 149,946

Brief: Since June 2015, the city of Badajoz started to show interest in the development of the project within their community. Together with the New Health Foundation, they embarked upon various awareness campaigns. Since January 2017 the "Asociación Cuidándonos" has started to follow the All with You® methodology. They benefit from the support of the city council, the Scientific Palliative Care Spanish Society, The Medical Professional School and the Medical University.

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Contact: badajozcontigo@gmail.com

Website:

Link: <http://todoscontigo.newhealthfoundation.org/badajoz-contigo/>

And also (film/video/facebook link):

<https://www.facebook.com/badajozcontigo1/>





City Name: Pamplona with You, Compassionate City Spain
Population: 195,650

Brief: Pamplona launched the programme in October 2017 during the word palliative care day to raise awareness about the importance of caring at the end of life. Promoted by the San Juan de Dios Hospital, it has the fundamental resources required for its development thanks to a large volunteer team that support the actions of project implementation. It has developed programmes in schools (Se + Project) to familiarise parents, teachers and students on the importance of caring and providing support at the end of life. Pamplona will start the methodology in January 2018.

Website:

Link <http://todoscontigo.newhealthfoundation.org/4699/>

City Name: "Buenos Aires with you, Compassionate City" Argentina
Population: 2.9 Million

Brief: Pallium Institute Latin American is a nonprofit civil association based in Buenos Aires. Since 2001, they promote and implement welfare and educational activities and research centred on palliative care. Buenos Aires has started to work on the All with You® methodology since November 2016 and they have built an interdisciplinary team of professionals from the healthcare and psychosocial area, along with teachers and volunteers.

The project in Buenos Aires includes awareness raising and training programmes based on the need for caring community networks around those citizens in palliative care. They are developing expertise and caring resources for the community. They are also working in schools and organizing various seminars and social events to promote compassion related to the end of life.

Website:

Link: <http://todoscontigo.newhealthfoundation.org/buenos-aires-con-vos/>

And also (film/video/facebook link):

<https://www.facebook.com/todosconvos/>

City Name: "Cali with you, Compassionate City" Colombia
Population: 2.4 M inh.

Brief: Since July 2015, The Palliative Care Foundation in Cali has been promoting the development of Cali as a Compassionate City. The Palliative Care Foundation helps to ensure the quality of life of patients who face advanced stage illness. They have been following the All with You® methodology since their beginnings. They have the support of a large number of volunteers who help to promote community networks around those who face the end of life.

Website:

Link: <http://todoscontigo.newhealthfoundation.org/cali-contigo/>

<https://www.facebook.com/Cali-Contigo-Ciudad-Compasiva-1059177754140255/>





City Name: "Medellin with you, Compassionate City" Colombia

Population: 2.5 Million

Brief: Since November 2015, the Pontifical Bolivarian University started to promote Medellin as a compassionate city, along with the New Health Foundation and following the All with You® methodology.

They have organized activities for the awareness of its citizens, training programmes for students, professionals and community members. They have identified and trained community leaders who promote the networks around those who face advanced stage illness and the end of life. The university has built a network of organisations, professionals and members of the public that take part in and create the compassionate network. In addition, they are part of a multicentre research project related with end of life care together with the New Health Foundation.

Contact Person and Email:

Contact: <https://www.upb.edu.co/es/home>

Website:

Link: <http://todoscontigo.newhealthfoundation.org/medellin-contigo/>

And also (film/video/facebook link):

<https://www.facebook.com/medellincompasiva/>

City Name: "Fusagasugá with you, Compassionate City" Colombia

Population: 134,500

Brief: Fusagasugá has joined the All with You® international movement to become a compassionate city since October 2016. The promoter of the project is the Pallium Colombia Foundation. They are inspiring and involving the community to experience the privilege of caring. They are involved in policy development to promote the values of compassion and end of life.

Contact Person and Email:

Contact: <http://www.fundacionpalliumcolombia.org/>

Website:

Link: <http://todoscontigo.newhealthfoundation.org/fusagasuga-contigo/>

And also (film/video/facebook link):

<https://www.facebook.com/fusagasugacompasiva/>

Video: <https://www.facebook.com/fusagasugacompasiva/videos/1530049003755905/>





City Name: “Bogotá with you, Compassionate City” Colombia

Population: 139,300

Brief: The Sanitas Foundation promotes Bogotá as a compassionate city in collaboration with the New Health Foundation since July 2017. The Sanitas Foundation is a nonprofit institution that provides high quality services in health and social development in Latin America. Its mission is to develop integrated health strategies and create alternatives in the prevention of illnesses and good health promotion. It is developing a project in the city with a local implementation project in Teusaquillo (139,300 inhabitants) and is working on the development of a “*Company with You*” and “*University with You*” using the same methodology adapted to organisations to promote compassion in around 12,000 staff and students.

Contact Person and Email:

Contact: <http://www.fundasanitas.org/>

Website:

Link: <http://todoscontigo.newhealthfoundation.org/bogota-contigo-ciudad-compasiva/>

DECLARATION OF MEDELLIN. A COMPASSIONATE COUNTRY: COLOMBIA WITH YOU

On 17 March 17 representatives from various communities in Bogotá, Medellín and Cali, the three largest cities, and Fusagasuga, a mid-size municipality in Colombia (South America), launched the Declaration of Medellín. This is a public manifesto that acts as a call to action to Colombians of all backgrounds and ethno-cultural and regional backgrounds to join a network of cities under the banner, “A Compassionate Country: Colombia with You”. This initiative is spearheading efforts to integrate clinical and social services, to organize numerous awareness and training efforts, and to foster the growth and sustainability of a national network of volunteers, eager to provide care and support those at the end of their lives. This achievement is viewed as an additional boost to the sustainability of the integrated national palliative care model that serves as an example for the world to consider.

Website:

Link: <http://www.colombiacontigo.org/portal/web/colombia-contigo/inicio>

See: <http://www.newhealthfoundation.org/web/wp-content/uploads/2017/04/Declaration-of-Medellin.pdf>

Video: <https://www.youtube.com/watch?v=Q3TUGXX2sNE>

Reference: Librada S, Herrera E, Boceta J, Mota R, Nabal M. All with You: A new method for developing compassionate communities and cities at the end of life. Experiences in Spain and Latin-America. Ann Palliat Med 2018 (in press).

